

ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ
10.30 MAT PILATES	09.00 ΟΡΓΑΝΑ PILATES	09.30 ΟΡΓΑΝΑ PILATES	09.00 ΟΡΓΑΝΑ PILATES	09.30 ΟΡΓΑΝΑ PILATES
11.30 SOLO HIPP	09.30 ΟΡΓΑΝΑ PILATES	10.00 HIPP EQUIPMENT	09.30 HIPP EQUIPMENT	10.00 ΟΡΓΑΝΑ PILATES
	10.00 HIPP EQUIPMENT	10.30 SOLO HIPP	10.00 HIPP EQUIPMENT	10.30 HIPP EQUIPMENT
	10.30 SOLO	11.00 MAT PILATES	10.30 SOLO	
			17.30 DUETTO	
	18.30 HIPP EQUIPMENT	17.30 DUETTO		18.00 MAT
18.30 HIPP EQUIPMENT	18.30 HIPP EQUIPMENT	19.00 MAT PILATES	19.00 MAT ΟΡΓΑΝΑ	19.00 DUETTO
19.00 ΟΡΓΑΝΑ PILATES	19.00 ΟΡΓΑΝΑ PILATES	19.00 ΟΡΓΑΝΑ PILATES	19.30 HIPP EQUIPMENT	
19.00 MAT PILATES	19.00 MAT PILATES	19.30 HIPP EQUIPMENT	20.00 TRX PILATES	
19.30 HIPP EQUIPMENT	19.00 BUNGEE FITNESS	20.00 ΟΡΓΑΝΑ PILATES	20.00 ΟΡΓΑΝΑ PILATES	
20.00 ΟΡΓΑΝΑ PILATES	19.30 HIPP EQUIPMENT	20.00 ANUSARA YOGA	20.00 ΜΟΝΤΕΡΝΟΣ ΧΟΡΟΣ	
20.00 MAT PILATES	20.00 BUNGEE FITNESS		20.30 HIPP EQUIPMENT	
20.30 DUETTO	20.00 ΟΡΓΑΝΑ PILATES	20.30 TRIO	20.30 SOLO HIPP	